

DRILL K Driving

Your goal is to drive the jack into the ditch.

It is better to partner with another player and bowl in one direction only.

Place jack on the 2m "T"

Place a spare bowl on either side of the jack with a total width of no more than 1 mat width.

Place mat at minimum length

Play 8 drives on F/H

Play 8 drives on B/H

Repeat with mat at maximum length.

Total number of bowls per player: 32

Scoring: 2 points for "jack"

1 point for "bowl" or gap

Drill K	Forehand	Backhand	TOTAL
Min	/16	/16	/32
Max	/16	/16	/32
TOTAL	/32	/32	/64

What's Needed

1 x Mat

1 x Jack

2 x Spare bowls

Time: 15 min / player

